

## Massage Therapy Program



Our certified massage therapists blend a variety of soothing strokes to manually manipulate sore muscles, creating a relaxing and therapeutic experience. Your therapist can customize your hour-long session to take care of your needs, whether it is specific muscle groups or a full body massage.



Choose among our luxurious massage programs to best soothe your aching muscles. Our fully certified staff of male and female therapists look forward to offering you a relaxing and therapeutic treatment.

Be sure to inquire about our new spa packages, along with our other wellness treatments, such as tinting and waxing!

Visit THE POINT for reservations.

## Equipment Rental Information:

<b>ALPINE SKI EQUIPMENT</b>	DAILY	5 DAY
Skis/boots/poles, Adult	\$25	\$100
Skis/boots/poles, Child	\$22	\$88
Ski Package with Clothing, Adult	\$30	\$120
Ski Package with Clothing, Child	\$27	\$112
Snowboard Package Adult (boots, board)	\$30	\$120
Snowboard Package Child (boots, board)	\$30	\$120
Snowboard, Boots, Pants, Jacket, Adult	\$35	\$140
Snowboard, Boots, Pants, Jacket, Child	\$35	\$140
Skis/Snowboard	\$18/\$22	\$73/\$88
Boots	\$10	\$40
Poles	\$5	\$20
Ski Jacket, Adult	\$7	\$28
Ski Jacket, Child	\$7	\$28
Ski Pants, Adult	\$7	\$28
Ski Pants, Child	\$7	\$28
Helmets	\$7	\$28
<b>OTHER EQUIPMENT</b>		
Sleds	\$10	\$40
<b>SKI REPAIR SHOP</b>		
Hot Wax (Brushed)	\$5	
Hot Wax (Ironed)	\$8	
Edge Sharpening	\$10	
Base Repair	\$10-\$20	
1/2 Tune Up (Edges, Wax and Base)	\$20 (skis) \$25 (snowboard)	
Full Tune UP (1/2 Tune and PTex)	\$35 (skis) \$40 (snowboard)	

If you decide to keep your equipment longer, you will simply be charged for any extra days you keep your rental. Guests can make room charges for rental, retail purchases and lift tickets.



# WINTER ACTIVITY GUIDE





# TOURS / LEISURE ACTIVITIES

## Crystal World & Innsbruck City

Enjoy the beautiful Alpine scenery as your guide shares history and local folklore. In the morning you will visit Swarovski Crystal Worlds in Wattens, Austria. Take time to explore the eclectic and fascinating multimedia gallery that has become one of Tirol's most popular attractions. Shop and enjoy works of art from Salvador Dali, Andre Heller and Andy Warhol. Next you will go to the city center of Innsbruck, the Hapsburgs capitol of Tirol and home of the 1964 and 1976 Winter Olympics, for sightseeing with your tour guide. There will be free time for lunch and shopping afterwards.

## Crown Jewels of Munich City

Your guide will inform you about Munich's history and you will be guided to the Rathaus (town hall), the Glockenspiel (play clock) and the HofBrau Haus, one of the city's oldest breweries. You will then go to the Residenz where you can view the crown jewels of the royalties of Munich past. You are then free for lunch and to explore the area on your own.

## Linderhof Palace

In the late 1800's, "Mad King" Ludwig II created this country estate, a French Rococo palace, where he most often lived. Travel through the beautiful Graswang Valley and visit Oberammergau where you will have time to shop at the famous wood carving shops, explore the many frescos the town has to offer, and visit the world renowned Passion Play Theater.

## Bavarian Brotzeit/Ettal Tour

Explore the local cheese factory where you will discover how the local farmers make cheese & other dairy products and receive a guided tour of the facility. Then you will have a chance to try a traditional Bavarian Meal, "Bavarian Brotzeit." Next walk to the Ettal Monastery for a viewing of the Basilica and purchase some of the Monks' famous beers and liqueurs.

## Dachau Concentration Camp

Visit the historic Dachau Concentration Camp of WWII. At Dachau you will view an English video presentation about the camp and tour the museum on your own. You may tour the compound with the guide or explore it on your own. *Not recommended for children under 12; Children under 12 are not permitted to view the video*

## Neuschwanstein Castle

Often referred to as "The Disney Castle," King Ludwig II's ambitious project has turned into a top tourist destination. On this tour you will learn about King Ludwig II's life, and the history behind the castle. Note: It is a 45 minute uphill walk to reach the entrance of the castle. There is alternative means to reach the castle for an additional Euro fee.

## Deutsches Museum

Head to Munich for a day of fun at the world's largest museum of technology & science. Spend the day exploring this great facility and leave the driving to us. With over 50 exhibits and 28,000 objects, one can experience the development of science and technology from early origins through to the present day.

## BMW World/ World Cup Soccer Stadium

Discover the two modern day landmarks in Munich: the BMW World and the Allianz Arena. We will visit the double cone structure of the new BMW Car Showroom. You will then have a chance to "make your own" BMW with their interactive facility. Afterwards we'll have lunch at the beautiful Olympia Park, used in the 1972 Summer Olympics. Next take a short ride to the Allianz Arena where we will have a behind the scene tour of this one of a kind soccer stadium.



*\*Torchlight Partnach Gorge Tour will run only when the gorge is frozen from December - March.*



## Winter Tour/Leisure Activity Schedule: 01 November, 2008 - 30 April, 2009

DAY	TOUR	ADULT	CHILD	TIME
MONDAY	BMW World/World Cup Soccer Stadium	\$35	\$25	0800 - 1630
	Neuschwanstein Castle	\$41	\$31	0830 - 1700
	Crystal World & Innsbruck City	\$41	\$31	0830 - 1700
	Photo Memories	\$10.95		0900 - 0915
	Torchlight Partnach Gorge Walk*	\$22	\$17	1845 - 2145
TUESDAY	Bavarian Brotzeit & Ettal Tour	\$25	\$20	1130 - 1600
	Crown Jewels of Munich City	\$39	\$29	0830 - 1700
	Partnach Gorge Hike	\$17	\$12	1300 - 1630
	Kids Night Out		\$25	1700 - 2000
	Horse and Carriage Ride	\$20	\$15	1700 - 1810 1810 - 1920 1920 - 2030
WEDNESDAY	Dachau Concentration Camp	\$35	\$25	0830 - 1700
	Deutsches Museum	\$35	\$25	0900 - 1700
	Linderhof Palace & Oberammergau	\$35	\$25	0900 - 1400
	Photo Memories	\$10.95		1700 - 1715
	Zuggy's Bingo Night	\$25	\$5	1830 - 2230
THURSDAY	Neuschwanstein Castle	\$41	\$31	0830 - 1700
	Bavarian Brotzeit & Ettal Tour	\$25	\$20	1130 - 1600
	Kids Night Out		\$25	1700 - 2000
	Horse and Carriage Rides	\$20	\$15	1700 - 1810 1810 - 1920 1920 - 2030
	FRIDAY	Crystal World & Innsbruck City	\$41	\$31
Partnach Gorge Hike		\$17	\$12	1300 - 1630
Photo Memories		\$10.95		1700 - 1715
Indoor Rock Climbing		\$27	\$27	1800 - 2200
SATURDAY		Neuschwanstein Castle	\$41	\$31
	Crown Jewels of Munich City	\$39	\$29	0830 - 1700
	Kids Night Out	\$	\$25	1700 - 2000
	Torchlight Partnach Gorge Walk*	\$22	\$17	1845 - 2145
	SUNDAY	Dachau Concentration Camp	\$35	\$25
Linderhof Palace & Oberammergau		\$35	\$25	0900 - 1400
Horse and Carriage Rides		\$20	\$15	1700 - 1810 1810 - 1920 1920 - 2030
Indoor Rock Climbing		\$27	\$27	1800 - 2200



# SKI / SNOWBOARD



**Hours of Operation:**  
Everyday 0800 - 1730

DSN: 440-2548  
CIV: 9+729-401

Lunch Service is Available.

## Ski/ Snowboard Instruction

Our comprehensive, week-long instruction programs are designed to make you a better snowboarder or skier while at the same time having fun and enjoying the mountains. We offer classes for all levels taught by PSIA/AASI instructors. If you have never skied or snowboarded before, learn on our private slope at a leisurely pace in a beautiful setting. If you are an experienced snow rider, sharpen your skills from instructors who know the mountain best.

## Daily Lessons (2 hours)

Advance booking recommended. Contact the Hausberg Sport Lodge. Does not include equipment or lift ticket. (Backyard lift pass included during lesson.)

*Lessons begin at 1000 and 1300*

## Beginner Special

Includes 4 hour beginner lesson, equipment, and Hausberg Backyard skiing  
Adult/Child - \$99

*Please contact the Hausberg Sport Lodge*

## Just for Ski Kids

Certified instructors teach children ages 5-7 how to ski through encouragement and achievement. Instructors create the perfect mix of fun, adventure and learning that will provide your child a foundation to build from in the future. Our instructors have an enthusiasm for the sport and the mountains that will spread to your kids and give them the same excitement.

*\$85 per child, per day  
Includes lunch, equipment and lessons*

*\*Ski Kids is operated when there is snow on our private ski slope 0900 - 1500*

*Please contact the Vacation Planning Center*

## Two Day Holiday Program

Especially for Martin Luther King Jr. Day and Presidents Day Weekend, we are offering two Holiday Special ski school packages. Participate on Saturday and Sunday in two full days of instruction with transportation, lift tickets and rentals included.

*Please contact the Vacation Planning Center*

Please contact the Vacation Planning Center for reservations.  
CIV: 08821-9440

*Weekends of 16 January and 13 February only*

## Ski Slope Prices\*

### HAUSBERG LODGE BACKYARD TICKETS

Adult All Day	\$20.00
Child All Day	\$17.00
Adult Half Day	\$15.00
Child Half Day	\$12.00

### ZUGSPITZE LIFT TICKET

Adult All Day	\$50.00
Youth All Day	\$37.00
Child All Day	\$30.00
Family Child All Day	\$20.00*

*\*Children 6-18 years of age who are accompanied by paying adult*

### CLASSIC VALLEY TICKET

Adult All Day	\$42.00
Youth All Day	\$32.00
Child All Day	\$25.00
Adult Half Day	\$35.00
Youth Half Day	\$28.00
Child Half Day	\$22.00

### BERG-TAL LIFT TICKET

Adult Round-Trip	\$22.00
Youth Round-Trip	\$16.00
Child Round-Trip	\$14.00

*\*Valid for Hausberg Bahn only*

*\*Prices subject to change. Price includes a \$3 refundable deposit when ski card is returned*

## Ski School Lesson Prices

### 5 DAY LESSON PACKAGE

Adult	\$399
Child	\$309

### HOLIDAY 4 DAY LESSON PACKAGE\*

Adult	\$329
Child	\$254

*\*before & after the holiday 2 day program*

### JUST FOR SKI KIDS

5 Day	\$309
4 Day	\$254
1 Day	\$ 85

### HOLIDAY 2 DAY PROGRAM:

Adult	\$179
Youth	\$145
Ski Kids	\$145

### DAILY LESSONS (2 hours)

Group (6-12 people)	\$ 40
Semi-Private (2-5 p)	\$ 50
Private (1 person)	\$ 90



## A PEAK EXPERIENCE

Visit Germany's tallest mountain peak with or without skis! The summit view at 2,962 meters is an unforgettable experience for the whole family.

One ticket price allows access to the Bayerische Zugspitzbahn, Eibsee-Seilbahn, and Gletscherbahn for one trip up and one trip down. Tickets sold at Alpine Adventures are valid any day of the season. Because tickets are non-refundable, we suggest buying tickets the morning of your adventure rather than purchasing the tickets in advance.

There are three options for reaching the summit:

1: Take the cogwheel train from the Eibsee once an hour from 0845 - 1445. Once you arrive at the Sonn Alpin (middle station) the Gletscherbahn cable car will take you to the top every 15-30 minutes.

2: Take the Eibsee-Seilbahn (cablecar) which departs every 20-30 minutes from the Eibsee to the top station. A nice adventure is to take the train up and the cable car down.

The Bayerische Zugspitzbahn departs from locations other than Lake Eibsee and is included in the Zugspitze ticket price. The closest stop to Edelweiss Resort is the Kreuzeck/Alpspitze station.

3: To reach the train stop by foot: Exit the main lobby and head towards the righthand side of the property towards the mountains.

Exit the turnstile, take a left onto Kruezeckbahnstraße and follow it towards the mountains.

The train stop (blue train) is between the Kruezeckbahn and Alpspitzebahn at the tracks. It should take approximately 20 minutes to reach this stop from the hotel. The train departs from this location every hour between 0824 - 1424 daily.

On occasion, visitors must switch trains in Grainau, listen for instructions in English if it is necessary. The train then continues to the Eibsee and then the Zugspitzplatt.

To reach the summit you will need to take an additional cable car.



## TOURS / LEISURE ACTIVITIES



### Indoor Rock Climbing

Learn the ropes of rock climbing in a relaxed and safe environment. No experience necessary. Participants should wear loose fitting pants or shorts, bring snacks, drinks and sturdy hiking shoes or boots.

*Ages 6 and over; Children under 12 must be accompanied by an adult*

### Photo Memories

A lovely picture to capture your holiday spent here in the Bavarian Alps. The staff at Alpine Adventures will take a picture of your family and have it developed for you to take home to remember your vacation. INCLUDES: (1) 8x6, (2) 5x4, and (6) wallets

RESTRICTIONS: Pictures must be taken during designated photo memory times.

### Partnach Gorge Tour

Enjoy the awe inspiring journey through the Partnach Gorge. After the hike visit an authentic guesthouse to warm up with a possible hot drink or an apfelstrudel. Don't forget your camera. Please wear weather appropriate clothing.

*Not recommended for kids under 5 / no strollers*

### Horse & Carriage Rides

Enjoy the city sights on a carriage through Garmisch. Each carriage is covered and holds up to ten people. The Carriage goes rain, snow or shine and lets you discover the area in the most enjoyable way. Great for all ages.

### Night Gorge Torchlight Walk

A night-time torchlight tour. Watch how light plays off the ice falls through the beautiful Partnach River Gorge.

*\*Min age 8 yrs. Tour is offered Dec-Mar based on weather conditions and ice conditions*

### Kids Night Out

Let us entertain the kids for the evening. Children are fed and have a multitude of activities to do after dinner. Children are taken off property for these activities.

*\$25 per child, Tue/ Thur/ Sat, Children 5-12*

### Bingo Night

Looking for excitement and the chance to win money and prizes? Come to Bingo on Wednesday evenings at Zuggy's Base Camp. Fun for the whole family!

*Must be 18 to play for cash prizes*

**TOUR CANCELLATION POLICY:**  
All reservations will be charged at 1200 noon the day before the tour.

No refunds are awarded if the tour is cancelled by the patron after 1200 noon the day before the tour.

All tours require a minimum of 15 patrons for the tour to run.