



AFRC RESORTS

Hawaii / Germany / Florida / Korea

Contact our Vacation Planning Agents
today to help plan your vacation!

0800 - 1700 hours CET Monday - Friday

(011-49) 8821-9440 from USA

(49) 8821-9440 from Europe

vacation@edelweissresort.zendesk.com
www.facebook.com/EdelweissResort

www.EdelweissLodgeandResort.com

Garmisch, Germany



VACATIONS TO CHERISH FOREVER



EXCLUSIVELY FOR U.S. MILITARY PERSONNEL, DOD CIVILIANS, MILITARY RETIREES AND FAMILIES

A Winter Wonderland in Beautiful Bavaria

EXPERIENCE YOUR TRAVEL DREAMS

When you take a vacation you open up your mind to new experiences and break down the stress. You see the world a bit different. On vacation your perspective shifts and you experience what matters most: family, health, well-being and happiness. Take the time to discover new foods, new feelings, new sights and new experiences. Come back from vacation feeling refreshed, relaxed and reconnected with those you love. Discover a new you!

Resting at the foot of the majestic Bavarian Alps, the Edelweiss Lodge and Resort offers military personnel and their families a vacation destination in one of the most beautiful areas in Germany. Find yourself touring castles, museums, town squares, and churches throughout Germany, Italy and Austria. Come make vacation memories you will cherish forever for you and your family!

- 258 rooms including vacation cabins and dog friendly accommodations
- Incredible views of the surrounding Bavarian Alps from every room
- NEW! Summit Cafe with local roasted coffee, grilled sandwiches, pastries and more
- All-American breakfast buffet with chef-prepared omelets
- Indoor pool with massage jets, water features, kids play pool and outdoor hot tub
- Guided tours and leisure activities to local area sightseeing destinations
- Adrenaline filled adventures like paragliding, whitewater rafting and E-bikes
- Full-service massage therapy program

A Peak Vacation Experience in the Alps

THE EDELWEISS STORY

On a crisp spring morning, a young couple set out on a hike through the mountains of southern Germany. A few hours into their hike, they have walked through meadows full of blooming yellow, blue and purple wildflowers. However, they have not come across the only flower they want to find - the Edelweiss. Just beyond, the young man spots the white flower with felt like petals on an exposed cliff. In order to pick the Edelweiss, he ignores his own safety to prove his bravery. Reaching out on loose rock, he plucks the flower. He now has the "ultimate love charm" of the Alps to give to his lovely lady. With the simple gesture of giving the young woman the Edelweiss, the young man is once and for all able to express his lasting love. For generations this flower has been the inspiration for folklore, music and stories depicting the themes of love and healing. The Edelweiss flower serves as a symbol of prestige throughout the Alps and is often proudly displayed on clothing, like a soldier may wear a medal of distinction. The flower is also revered for its medicinal healing abilities, symbolizing the role Edelweiss Lodge and Resort plays in providing rest and relaxation to service members and their families.

ROOM RATES

Our room rates are published on our online booking site. To see the rates, please click 'book now' on our website to search your dates. Our standard room rates are determined by rank and status. The prices for other room categories like suites and cabins are the same rate for all ranks. Rates are single or double occupancy (two adults in a room). Children under 17 stay for free on available bed space. There is an additional cost for more than two adults in the room. Dog rooms are \$25 extra per night.

ROOM TYPES

Standard Rooms / Junior Suites / Deluxe Junior Suites / Loft Suites / Deluxe Loft Suites
Dog-Friendly Standard Rooms
Vacation Village : Simple Cabin / Comfy Cabin / Dog Friendly Cabin

A WINTER WONDERLAND AWAITS

- 37 miles of groomed ski and snowboard terrain accessible by 31 lifts
- Bavarian Christmas markets end of November through Christmas
- Outdoor hot tub, indoor pool, kids swim area, sauna, steam room and fitness gym
- Certified ski and snowboard instructors available for private or group lessons
- Clothing, ski and snowboard equipment available for rent
- Ski lodge with bar and private beginner ski slope
- All-American breakfast buffet with chef prepared omelets, and action stations
- Multiple dining options from full-service to quick grab-and-go

Edelweiss Lodge
and Resort

Re-imagined Dining



SUMMIT BUFFET AND CAFE

Discover a bold new dining experience at Edelweiss Lodge and Resort. Summit blends the warmth of a cozy café with the variety of an elevated buffet, all within a freshly renovated space featuring soft lighting, garden walls, and a warm, inviting atmosphere. Various seating options offer comfort for couples or families, while large screens showcase the breathtaking beauty of the local area. Breakfast is served daily, and the café is open every day; lunch and dinner hours vary—please check the dining schedule for current availability.

Breakfast buffet served daily. Café open daily.

Lunch and dinner hours vary—please check the dining schedule for current availability.



Dining Schedule





ZUGGY'S BASE CAMP

Zuggy's Base Camp is your go-to evening dining spot, located in the lower lobby of Edelweiss Lodge and Resort. Enjoy a cozy alpine atmosphere with a menu featuring flame-grilled steaks, burgers, fresh salmon, crisp salads, and hand-tossed pizzas. Our full-service bar offers local beers, wines, and classic cocktails to complement your meal. With live sports and entertainment on a massive screen, there's always something happening. Newly renovated and reimagined, Zuggy's is the perfect place to relax after a day of adventure.



Scan for menu

Picture Perfect Alpine Views



Reserve Online

SHARE YOUR VIEW #EDELWEISSRESORT

STAY AND DREAM

Unwind in one of our spacious guest rooms adorned with rustic wood furniture, custom-made upholstery and accompanied by breathtaking alpine views.

Guest Rooms include:

- 42" flat screen Hi-Definition LCD TV with BluRay player
- Free WiFi internet
- At least two queen beds or a king bed in every room
- Spacious private bathroom
- Inspiring alpine views from every room
- Mini cooler, in-room safe, iron, fan and hair dryer
- Heated indoor parking garage
- European 220v power in room
- Dog friendly hotel rooms with advance reservations

SLEEP UNDER THE STARS

We also offer Vacation Cabins for those looking to sleep in a relaxed mountain wilderness area. Nestled in the Loisach river valley with towering views of alpine peaks, the Vacation Village is a perfect base camp for winter recreation. Cabins are not available to reserve online, please call or complete the online form.

Vacation Cabins include:

- Vacation Cabins that sleep up to a family of six
- Dog friendly cabins available
- Heated accommodations with comfortable bedding
- Flat screen High-Definition LCD TV and Blu-Ray player
- Microwave & refrigerator (small kitchenette in our Comfy Cabins)
- Shower and Bathroom with linen provided (Comfy Cabins only)
- Conveniently located near The Exchange and Commissary
- Dogs allowed in select Cabins with advance reservations

DOG FRIENDLY VACATIONS

There's no need to leave your furry friend behind when you're on vacation. We have a few converted rooms available for dog lovers. Our dog-friendly rooms have a separate entrance and easy access to designated green spaces. For everybody's comfort, dogs are not allowed in the lobby and common areas, restaurants or other common areas of the Resort. Reservations for dog-friendly rooms must be made in advance by calling the Vacation Planning Center or completing the online form.



SNOWSPORTS SAFETY

Our number one priority is slope safety. We require all ski program guests to wear a helmet during lessons. They are available to rent or purchase at Hausberg.

REFUEL THOSE TIRED LEGS

Come down the mountain for lunch for an affordable, delicious lunch menu with burgers, hot sandwiches, salads and much more at the Hausberg T - Bar.

THE PLACE TO BE AFTER A DAY ON THE SLOPES!

Enjoy a drink and some food while relaxing by the fire, or playing billiards, ping pong or throwing some darts. Meet up with friends and family after a day on the slopes and leave the driving to us. Our ski shuttle is available daily.



WINTER SPORTS INSTRUCTION WEEKS

From beginner to advanced lessons, our comprehensive ski and snowboard instructional programs are designed to enhance your skills while enjoying the beautiful alpine scenery. Four and two-day programs are available on the dates shown below.

Dec 21 - 24 (check-in on Sat, 20 Dec)	4 day
Dec 27 - 30 (check-in on Fri, 26 Dec)	4 day
Jan 2 - 5 (check-in on Thu, 1 Jan)	4 day
Jan 7 - 10 (check-in on Tue, 6 Jan)	4 day
Jan 17 - 18 (check-in on Fri, 15 Jan)	2 day
Feb 14 - 15 (check-in on Fri, 13 Feb)	2 day
Feb 17 - 20 (check-in on Mon, 16 Feb)	4 day
Feb 23 - 27 (check-in on Sun, 22 Feb)	5 day

WINTER RENTAL EQUIPMENT

	Daily	Five Day
Skis / Boots / Poles / Helmet, Adult	\$40	\$160
Skis / Boots / Poles / Helmet, Child	\$30	\$120
Skis / Boots / Poles / Helmet / Clothing, Ad	\$45	\$180
Skis / Boots / Poles / Helmet / Clothing, Ch	\$35	\$140
Snowboard / Boots / Helmet, Adult	\$40	\$160
Snowboard / Boots / Helmet, Child	\$30	\$120
Snowboard / Boots / Helmet / Clothing, Ad	\$45	\$180
Snowboard / Boots / Helmet / Clothing, Ch	\$35	\$140
Skis	\$25	\$100
Boots	\$15	\$60
Poles	\$5	\$20
Snowboard	\$25	\$100
Ski Pants or Jacket, Adult / Child	\$10	\$40
Ski Pants and Jacket, Adult / Child	\$15	\$60
Helmet	\$5	\$20

SKI AND SNOWBOARD REPAIR SHOP

Does your equipment need a little love? Get a tune up! We are using the latest, state-of-the-art tuning machines. Nothing sweeter than turning on a finely tuned ski or board!

	Ski	Snowboard
Hot Wax (Brushed / Ironed)	\$15	\$15
Edge Sharpening	\$20	
Base Repair	\$10 - \$20	
1/2 Tune-Up (Edges, Wax, Base)	\$30	\$30
Full Tune-Up Skis / Snowboard	\$40	\$40



Reserve Today

LIFT TICKETS

With over 31 lifts and 37 miles of groomed trails, there is a variety of ways to explore and enjoy the incredible mountain scenery. Lift tickets for skiing, hiking, sightseeing and sledding and are available for purchase at Alpine Adventures or Hausberg Lodge. Prices subject to change based on the exchange rate.

- Backyard Private Slope
- Classic Valley
- Zugspitze
- Berg-Tal (sightseeing Hausberg)
- 1/2 day Classic Valley tickets

Prices include a redeemable deposit for the ski card. All sales are final. No refunds due to inclement weather.



SLED RENTAL

Sledding is a great adventure for the family to do together. Specially marked sled runs are available on the Zugspitze or a local sled hill in town near the Kramer mountain. Want to try the ultimate sledding adventure? Join our guided night sledding tour!

3 Hours \$5
Daily \$10
Five Day \$40

Available at the Hausberg Lodge or Point Wellness Club

If you decide to keep your equipment longer you will simply be charged for any extra days you keep your rental. Lockers are available in our Hausberg Sport Lodge to store your equipment multiple days.

SKI AND SNOWBOARD INSTRUCTION WEEKS

Our 4- and 5-day instruction programs are designed to improve your skiing or snowboarding skills while enjoying the scenic Garmisch Valley. Ski classes are available from beginner to advanced, and snowboard classes are offered for beginners, with private lessons available for intermediate and above (check with Hausberg Lodge for instructor availability). All lessons are taught by PSIA-AASI certified instructors, with first-timers learning at a relaxed pace on our private beginner slope. Shorter participation is possible, but full programs offer the best value. After lessons, guests can continue skiing on their lift ticket for the remainder of the day.

Program includes:

- Check-in and class assignment: 1300–1700 the day prior
- Late check-in: 0800–0815 on the first day (Be on time!)
- 4 hours of daily instruction (2 hours if class size is 4 or fewer)
- Equipment rental with helmet
- Lift ticket based on skill level
- Final day fun race
- Round-trip transportation from Edelweiss Resort

5 DAY INSTRUCTION WEEK

Adult	\$715
Child / Ski Kids	\$595

4 DAY INSTRUCTION WEEK

Adult	\$595
Child / Ski Kids	\$495



Garmisch-Classic
ALPSPiX

2 DAY HOLIDAY WEEKENDS

Celebrate Martin Luther King Jr. Day or Presidents Day with our specially priced 2-day ski packages, available only during these federal holiday weekends. Enjoy fun extras at Hausberg Lodge like night skiing, sledding, kids' activities, and more. Contact the Vacation Planning Center to reserve.

BEGINNER 1 DAY LESSONS

Perfect for first-time skiers or snowboarders, these lessons cover the basics at a relaxed pace on our private beginner slope. Includes a 4-hour lesson, equipment rental, helmet, and Hausberg Backyard Ski Pass. *Lift ticket required if class is held on the upper mountain.

2 HOUR LESSONS

Available as private, semi-private, or group lessons for all skill levels. Ideal for refining technique or getting oriented with the ski area. Includes use of the beginner slope; equipment and lift ticket not included. Subject to instructor availability and confirmed at 0900 day of lesson. Book at Hausberg Lodge.

LESSON POLICIES

All lessons meet at 0900 and start at 0930. Multi-day programs: book via Vacation Planning. Beginner Specials: book at Alpine Adventures or Hausberg Lodge. Two-hour lessons: only bookable at Hausberg Lodge. Cancellations within 14 days may incur fees.

Adult 16 years and up

Child 8 - 15 years old

Kids 5 - 7 years old

2 DAY HOLIDAY PROGRAM

Adult	\$335
Child / Ski Kids	\$310

BEGINNER SPECIAL (Kinderland)

One Day Adult	\$200
Child / Ski Kids	\$185

BEGINNER SPECIAL (Backyard)

One Day Adult	\$170
Child / Ski Kids	\$165

2 HOUR DAILY LESSONS

Group (6-12)	\$70
Semi-Private (2-5)	\$80
Private (1)	\$135

JOIN AN INSTRUCTION WEEK

1-Day	Adult \$205
	Child / Ski Kids \$190
2-Day	Adult \$340
	Child / Ski Kids \$315
3-Day	Adult \$455
	Child / Ski Kids \$405

JUST FOR SKI KIDS PROGRAM

Certified instructors teach kids ages 5-7 how to ski on our private slope in a safe and fun environment. Proof of age required. Price includes lunch, equipment and 4 hours instruction. Helmets are required during lessons and are included in package price and available for purchase at the Hausberg Lodge. Program check in 0900, check out 1500.

\$165 per child, per day (Backyard)
\$185 per child, per day (Kinderland)





GRIESBRAU BREWERY TOUR

Enjoy the warmth of a true Bavarian beer hall in the nearby town of Murnau. Go behind the scenes and learn the secrets of brewing your favorite German beers including helles, dunkel and weissbier. You'll have an opportunity to sample one of each and try the Griesbräu's very own beer schnapps! But make sure you pay attention - you'll be quizzed on what you have learned at the end of the tour. If you pass your exam, you will receive your official Bavarian brewmeister certification. Bring Euro with you if you wish to enjoy the delicious cuisine at the beer hall. Ages 16 and up only, all pay adult price.

ET TAL MONASTERY, SCHNAPPS AND CHEESE TOUR

Buried in the heart of the Ammergau Valley exists the Ettal Monastery. You will learn about the almost 700 years of history that has taken place here in Ettal. Your guide will take you behind the scenes to explore the monastery and get a close up view of the famous Ettal Madonna. We will then visit the newly designed brewing museum to learn about the art of beer making in Bavaria and the over 400 year old brewery at Ettal. Here you will be able to sample various liquors and schnapps made locally by the monks. From the monastery you will take a short walk to the cheese factory where you will discover how local farmers make cheese and other delicious dairy products.

HORSE AND CARRIAGE RIDES

Enjoy the simple pleasure of a horse-drawn carriage ride through beautiful Garmisch. One of our most popular activities that the whole family can enjoy and a great way to get acquainted with the town of Garmisch. Children 1-14 must pay child's price. Three time slots are available on days that the tour runs.



* not actual carriage in photo



MITTENWALD, GERMANY

The rural mountain village of Mittenwald rests along the Isar River at the border of Austria and Germany. Known as "The Village of a Thousand Violins," it has been ranked on multiple sites as one of the most authentic and scenic small towns in Europe. The Klotz family of violin makers, dating back to the 17th century, has made this medieval market town renowned for the craft. Today, there is an institution and museum located in Mittenwald dedicated to the continuing practice of this tradition. Please join us on our picturesque excursion as we learn about the history of the local Lüftmalerei paintings, the significance of trade to the local economy, the 2015 G7 Summit, and much more!

DACHAU CONCENTRATION CAMP

Dachau was opened on 22 March 1933 as a concentration camp established by the coalition government of the National Socialist Party (Nazi Party). Built on the grounds of an abandoned munitions factory, Dachau Concentration Camp lies 16 km northwest of Munich. You will visit an exhibit that recounts the terrifying and gruesome days of the Holocaust and watch a video of the history of the camp, including special presentations. Parental discretion advised for children under 12 to view the documentary film.





Go Beyond Sightseeing

BREWERY TOUR

TOUR POLICIES

Tour times and prices subject to change. All large bus tours require a minimum of 15 guests for the tour to run and the smaller local leisure tours require 6 guests. All reservations will be charged at 1200 noon the day before the tour. No refunds are given if the tour is cancelled by the guest after 1200 noon the day before the tour. Please bring Euro on all tours as many locations do not accept credit cards. Meals are not included in the tour prices. Most tourist attractions are not handicap accessible. Please be in the main lobby 10 - 15 minutes prior to departure to check in with your guide. Your wait list status for ALL activities can change at any point up to departure without warning. It is the guest's responsibility to check your wait list status with Alpine Adventures. Each guest (including small children) must have a seat on tours with transportation. Child seat recommended for ages 4 or under (not provided). Return times are approximate. All Horse and Carriage sales are final. *Kids 1 year and older must pay child price. Guests are advised to scan the inroom QR code on the back of the guest room door for the most updated schedule. The Kids Night out program will run until 2130 if parents are on Ehrwald Night Sledding

Guided Tours

Valid 1 November 2025 - 30 April 2026

* Schedule subject to change

	GUIDED TOUR	TIMES	ADULT 15 & up	CHILD 5-14	INFANT 0-4
MON	Neuschwanstein Castle	0830 - 1700	\$95	\$40	\$20
	Griesbräu Brewery	1715 - 2100	\$52	Ages 16 & up	n/a
TUE	Linderhof Palace and Oberammergau	0845 - 1500	\$65	\$35	\$20
	Horse & Carriage Rides	1700 - 1800	\$24	\$20	\$15
		1810 - 1910			
		1920 - 2020			
WED	Ettal Monastery Schnapps and Cheese	1030 - 1430	\$42	\$20	\$15
THU	Neuschwanstein Castle	0830 - 1700	\$95	\$40	\$20
	Partnach Gorge	0900 - 1300	\$35	\$20	\$10
	Horse & Carriage Rides	1700 - 1800	\$24	\$20	\$15
		1810 - 1910			
		1920 - 2020			
FRI	Linderhof Palace & Oberammergau	0845 - 1500	\$65	\$35	\$20
	Ettal Monastery Schnapps and Cheese	1030 - 1430	\$42	\$20	\$15
	Kids Night Out w/ Dinner (ages 5 - 12)	1700 - 2100*	\$45 first child, \$40 each additional sibling		
	*Ehrwald Austria Night Sledding	1800 - 2130	\$55	Ages 13 & up	n/a
SAT	Neuschwanstein Castle Tour	0830 - 1700	\$95	\$40	\$20
	Mittenwald City Tour	1000 - 1500	\$47	\$20	\$15
	Kids Night Out with Dinner	1700 - 2100	\$45 first child, \$40 each additional sibling		
	Horse and Carriage Rides	1700 - 1800	\$24	\$20	\$15
		1810 - 1910			
		1920 - 2020			
	*Hausberg Night Family Sledding	1800 - 2130	\$12	\$12	\$12
SUN	Griesbräu Brewery	1815 - 2200	\$52	Ages 16 & up	\$10
	Dachau Concentration Camp	0830 - 1700	\$60	\$30	\$20
	Partnach Gorge	0900 - 1300	\$35	\$20	\$10

* Available Mid December through end of February and is weather dependant

* Kids Night Out will go until 2130 if parents are on the Austria Night Sled Tour

SCAN THE QR CODE FOR LATEST TOUR SCHEDULE
AND TO RESERVE YOUR ACTIVITIES PRIOR TO ARRIVAL!



Tour Schedule

Live Like
a King



NEUSCHWANSTEIN CASTLE

Towering over rocky crags and waterfalls rests the famous castle constructed for King Ludwig II. This fairytale castle has been inspiring awe and wonder for years with its ornate and lavish interior along with a majestic design that even Walt Disney couldn't resist. Your tour will pass through the stunning Bavarian countryside before stopping at a Bavarian woodcarving shop, then the Wieskirche, a beautiful pilgrimage church of the Baroque-Rococo style. After touring the church, we will travel to the highlight of the trip to see Neuschwanstein Castle. *Please note:* It is a 30-minute uphill walk to reach the castle entrance. There are also over 300 stairs within the castle.

LINDERHOF PALACE AND OBERAMMERGAU

The smallest of the three palaces built by King Ludwig II lies near the fairytale village of Oberammergau and is the only palace he lived to see completed. Your tour will take you through this lavish palace to see the bedchamber, dining room, audience chamber, tapestry chambers and the grand hall of mirrors. After hearing fascinating stories and history of the palace you will continue on to Oberammergau. Stroll through the various woodshops in the town with the craftsman hard at work right in front of your eyes. Explore the many frescoes in the town square and pass by the world-famous Passion Play Theater.



PARTNACH GORGE

The Gorge is an exceptionally mystical and charming place. Any trip to Garmisch should include a trip to this must-see natural wonder. You will be given historic information at the Olympic Ski Jump Stadium and at the gorge itself. Then walk along the beautifully carved stone with water flowing through the ice caverns. Afterward, indulge in a tasty dessert and/or beverage in the classic Partnach Gästhaus.

World-Record Gondola to the Top of Germany



Zugspitze

TOP OF GERMANY

MOUNTAINS OF OPPORTUNITY

So that is what it feels like to have Germany at your feet: At precisely 2,962 metres above sea level, the Zugspitze is the highest mountain in the country. Along your journey, you will traverse the world's highest steel tower for aerial tramways at 127 metres, the world's greatest overall height difference of 1,945 metres over one section, as well as the world's longest unsupported cableway span of 3,213 metres. Three incredible records - without even mentioning the magnificent panoramic views.



BUY YOUR LIFT TICKETS
AT ALPINE ADVENTURES



Photo credit : Bayerischen Zugspitzbahn Bergbahn
Max Prectel / Fend Studios

Kids Need A Vacation Too...



AUSTRIAN NIGHT SLEDDING

Experience the thrill of sledding down illuminated ski slopes at night in Austria. After a run or two retreat to the warm hut for a drink, some food and possibly some live music. The guided tour is great for adults and children 13 and older. Includes your lift ticket, sled rental and transportation.



AIRPORT SHUTTLE SERVICE

Arriving or departing from Munich airport? Let our team organize a transfer for you and your group and take the hassle out of traveling. With door-to-door service, you can't beat the convenience. A stress-free way to start or end your trip.



SOUVENIR SHOP ONLINE

Looking for a unique cuckoo clock or the perfect gift to treasure your time spent at Edelweiss Lodge and Resort? We've got you covered with some of the most popular Alpine Adventures souvenirs. Visit our online shop and we will ship it right to your door!



Shuttle



Online Shop



HAUSBERG FAMILY NIGHT SLEDDING

Just because the sun went down doesn't mean the action has to stop. Our Hausberg Lodge is equipped with pool table, ping pong, ski movies a full-service bar and more. Perfect for kids and adults of all ages! Price includes transportation and sled rental. Available mid December through March based on snow conditions. 1800 - 2130 hours. \$12 per participant.

KIDS NIGHT OUT

Let us entertain the kids for the evening while you spend some quiet time together. This program is one of our most successful and encouraged activities. Available on Friday and Saturday evening for children ages 5-12. Reservations can be made at Alpine Adventures. A minimum of 4 paid children required for the program to run. Children must be 5 years old on the day of participation. First child is \$45, each additional sibling is \$40. Dinner is included in the price. Parents can attend the Greisbrau Brewery Tour or Austrian Night Sledding while we watch after the little ones.

RESORT ACTIVITIES

Winter at Edelweiss Resort is full of surprises! Even during the snowy season, we enjoy plenty of sunny days perfect for outdoor activities. Whether you have an hour to spare or a whole afternoon, we have plenty of options to make your winter vacation unforgettable.

Mini Golf - Who says mini golf is just for summer? Our mini golf course is open year-round, providing a fun and relaxing activity for all ages. Visit the Point Wellness Club to register.

Bike Rental - Our bike rentals are available throughout the season, offering a unique way to see the resort and its surroundings. Visit the Point Wellness Club to register.

GROUPS, MEETINGS, TRAINING, TEAMBUILDING AND MORE...

The incomparable setting of the Edelweiss Lodge and Resort creates an atmosphere of unique warmth and character conducive to meaningful get-togethers. It is an environment in season year-round, perfect for focusing on your success, while our attentive staff focus on anticipating your every need. Just imagine all that you will accomplish.

- Flexible 17,000 square feet function space for up to 500 attendees
- Rooms competitively priced at or below per diem
- Technically advanced audio-visual equipment
- Available for private catered functions
- Memorable location for galas, unit balls and chaplain events
- Experienced staff who have organized hundreds of military training conferences



Why do our conference groups, chaplains and units keep coming year after year to Edelweiss Resort?

- Top-of-the-line audio visual equipment
- Meeting packages priced below per diem
- Edelweiss Resort has the latest Force Protection measures to keep your attendees safe and secure
- Ability to conduct classified briefings
- Funds help support MWR programs
- Full service conference coordinators help plan your event from beginning to end
- Family not attending conference can stay in guest room at no additional cost (on available bed space)
- Incredible scenery, sightseeing and activities make the most of your time away from meetings
- Perfect place for units or groups to focus on their mission and build resiliency and teamwork



More Info



Make your conference unforgettable with team building and cultural events after the meetings are over by incorporating one of the following activities:

- Half day guided tour to Ettal Monastery
- Bavarian Brewery tour
- Visit King Ludwig's ornate Linderhof Palace
- Hike through the frozen Partnach Gorge
- Other seasonal tours available

Tours can be adjusted to meet the time constraints of your group. Most tours can be run on alternative days with advance notice and reservations. Ask your Edelweiss Resort Conference Coordinator about custom developed activities for your group.

Relax. Refresh. Renew

Relax your body, refresh your spirit and renew your well-being with our pampering services offered at The Point Wellness Club. Our certified therapists provide a healing environment that rejuvenates and restores your senses as you refocus your thoughts and quiet your mind. With an array of massage treatments and body treatments you can find the perfect relaxation technique that will help heal your mind and body. It is our goal to provide our guests with a peaceful, relaxing experience. To respect your comfort, as well as the focus of your therapist, no accompanying children are allowed in the treatment rooms.

RESERVATIONS

Spa appointments are very popular with guests at The Point Wellness Club. All treatments are subject to availability. We recommend that appointments be made prior to, or upon arrival, in order to meet your scheduling needs. Hours of operation are 0800 - 2200 hrs. Please arrive 15 minutes before your scheduled service to fill out a health intake form. If you should arrive late, your session will be shortened to ensure the satisfaction of all guests or cancelled if client is more than 20 minutes late after start time. During each treatment, we follow standard American draping protocol. Gratuities are not included in service price.

CANCELLATIONS

We require at least a four hours notice to change or cancel an afternoon or evening appointment. Morning appointments must be cancelled prior to 1900 the evening before. A \$20 fee will be assessed for cancellations not meeting these requirements. No notification will result in a full service charge. Cancellations must be made directly with the Point Wellness Club at 08821-944-4150.

HEALTH

Drink plenty of water and please do not consume alcohol at least 2 hours before and after your treatment. Anyone with a contagious condition such as a cold or flu cannot receive a massage. A massage could worsen your condition, spreading it throughout the body. You may be turned away with failure to meet these conditions.

** Prices and rules are subject to change.*



SIGNATURE MASSAGE 60 min. \$80 // 90 min. \$115

Take a break with our signature massage that will take you beyond relaxation. This classic full-body massage reduces mental and physical fatigue, improves circulation and soothes muscle soreness. Body treatment add-ons are available. Please see Body Treatment descriptions for details.

ADD ON: ENHANCED MUSCLE THERAPY 30 minute add on for \$35

This concentrated therapy uses warming and cooling treatment to relieve deep muscle pain caused by sports injuries, training and other kinds of overuse due to repetitive motion. Only offered as an add on to a 60 minute signature massage. *uses menthol-infused products

PAIRED MASSAGE 60 min. \$155 // 90 min. \$220

Our paired signature massage features two tables and two therapists giving massages in the same room. Anyone can have a couples massage -- spouses, parents and children, or close friends. Please advise reservationist upon booking if a mommy-to-be massage is desired. Add-ons and Zen Stone are not available for paired massages. Subject to limited availability.

MOMMY-TO-BE MASSAGE 60 min. \$80

This full body treatment is designed to help with your pregnancy aches and pains. Tailored to the specific needs of pregnant women, prenatal massage shares many of the goals of regular massage - to relax tense muscles, ease sore spots and improve circulation/mobility and to make you feel good! This treatment is for women in their second or third trimester. *no add ons are possible.

TEEN MASSAGE 30 min. \$45 // 60 min. \$80

This treatment includes similar features of our signature massage but is tailored to ages 15-17. Light to medium pressure is applied. Parental supervision is optional.

"MY FIRST MASSAGE" ages 6-14, 30 min. \$45

Choose one, two or all three areas of focus during treatment: foot massage, hand/forearm massage and head/neck/shoulder massage. Duration of treatment will last no longer than 30 minutes. Parents must stay in the room during the entire treatment.

AROMATHERAPY Add on \$7

Enhance your massage by choosing the soothing and uplifting benefits of aromatherapy.

- **Stress Relief** - orange, bergamot, lavender, lemongrass*
- **Detox** - black pepper, grapefruit, juniper berry, cypress
- **Relax Fusion** - lavender, tangerine, clary sage*
- **Tranquility** - basil, bergamot, lavender*
- **Rejuvenation** - sweet orange, cedarwood, lemon

**pregnant woman cannot have aromatherapy with lavender.*

Soak it up in the Alps

BODY TREATMENTS

Due to skin sensitivity, we recommend unshaven and unsunburned skin for spa treatments offered. We do not offer body treatments to anyone under 15 years old or maternity clients. Some treatments may require a shower. *Scents can be added or removed as needed*

MUD FOOT WRAP 50 min. \$65

This treatment begins with a warm application to the feet followed by a gentle scrub, mud wrap and foot massage. Our mud foot wrap cleanses, detoxifies, and leaves your feet feeling invigorated.

COFFEE SCRUB 50 min. \$65

Wake your body up with the firming and tightening effects of caffeine! This signature coffee blend promotes the appearance of healthier, younger looking skin.

SALT SCRUB 50 min. \$65

Our Dead Sea salt crystals exfoliate and moisturize your skin, leaving it soft, supple and hydrated.

SUGAR SCRUB 50 min. \$65

This full body treatment uses sugar to gently exfoliate and stimulate the skin leaving it soft and smooth. A great option for those who have sensitive skin.

HOT OIL SCALP MASSAGE \$10 (included in the treatment time)

Add a hot oil scalp massage to any treatment for just an extra \$5 (essential oils used in treatment). Hair will be oily.

BODY TREATMENT ADD-ONS

Add a 30 minute body treatment to your Signature Massage for \$35

- Mud Foot Wrap
- Enhanced Muscle Therapy (deep muscle pain with concentrated warming and cooling therapies)
- Coffee Scrub
- Sugar Scrub
- Salt Scrub

SIGNATURE DEEP TISSUE MASSAGE

After a day filled with exhilarating adventures in the Alps, there's no better way to rejuvenate than with our signature Deep Tissue Massage. Designed to target and release tension deep within your muscles, this therapeutic treatment is the perfect antidote to tired limbs and weary souls.

\$90 for 60 minutes / \$130 for 90 minutes

Winters Magic Moments



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Newsletter

- 15 Nov - 23 Dec Innsbruck Christmas Market
- 21 Nov - 23 Dec Garmisch-Partenkirchen Christmas Market
- 24 Nov - 23 Dec Munich Christmas Market
- 25 Nov - 23 Dec Tollwood Winter Festival
- 27 Nov - 28 Dec Märchen Bazaar at Olympiapark
- 28 Nov Zugspitze Opening Day (Weather Dependent)
- 10 Dec - 06 Jan Ice Skating in Mühlenplatz (TBD)
- 13 Dec Garmisch Classic Opening Day (Weather Dependent)
- 27 Dec - 04 Jan Winter im park
- 01 Jan New Year Ski Jump
- 06 Jan Hornschlitten sled race
- 17 Jan - 18 Jan Ski World Cup Women
- 12 Feb - 17 Feb Fasching Celebrations
- 17 Feb Hut to Hut Fasching
- 28 Feb - 01 Mar Ski World Cup Men
- 14 Mar - 15 Mar St. Patrick's Day Parade in Munich
- 17 Apr - 10 May Frühlingsfest