

# Zuggy's Base Camp Allergy List

Allergens	CONTAINS							Alternatives/Notes
	Wheat	Soy	Eggs	Dairy	Nuts	Vegetarian	Vegan	
<b>Menu Items</b>								
<b>Sauces and Toppings</b>								
Balsamic Vinaigrette						X	X	Dijon is Gluten-Free
Basil Pesto				X		X		Contains Pine Nuts (Seed)
Beef Au Jus	X	X						Beef Base Contains Soy and Gluten
Blue Cheese			X	X		X		
Buffalo				X		X		
Cesar		X	X	X		X		Contains Modified Food Starch
Chive Aioli		X	X			X		Mayonnaise Contains Soybean Oil
Cocktail Sauce		X				X	X	Horseradish Contains Soybean Oil
Coleslaw		X	X			X		Mayonnaise Contains Soybean Oil
Garlic Oil						X	X	
Garlic Parmesan Rub				X		X		
Guacamole						X	X	
Herb Salt						X	X	
Honey Mustard		X	X			X		Dijon is Gluten-Free
Horseradish Aioli		X	X			X		Horseradish Contains Soybean Oil
Housemade Ranch		X	X	X		X		"Hidden Valley" and "House Recipe"
Housemade Spicy Ranch		X	X	X		X		"Hidden Valley" and "House Recipe"
Oil & Vinegar						X	X	
Pizza						X	X	
Queso				X		X		
Salsa						X	X	
Smokey Barbeque						X	X	Contains Modified Food Starch
Sriracha Lime						X	X	Contains Modified Food Starch
Teriyaki	X					X	X	Teriyaki Contains Gluten
Thousand Island		X	X			X		Worcestershire is Gluten-Free
<b>Starters</b>								<b>* Reference Sauces and Toppings *</b>
Chips						X	X	
Jalapeno Poppers	X			X		X		
Base Camp Fries						X	X	

# Zuggy's Base Camp Allergy List

Battered Onion Rings	X	X		X		X		Contains Soybean Oil
	<b>CONTAINS</b>							
Allergens	Wheat	Soy	Eggs	Dairy	Nuts	Vegetarian	Vegan	Alternatives/Notes
<b>Menu Items</b>								
<b>Starters Continued</b>								<b>* Reference Sauces and Toppings *</b>
Starter Salad						X	X	
Cheesy Bread	X			X		X		
Soft Tacos Beef	X	X						Tortillas Contain Soybean Oil
Soft Tacos Chicken	X	X						Tortillas Contain Soybean Oil
Macho Nacho Beef	X			X				Taco Seasoning Contains Gluten
Macho Nacho Chicken	X			X				Taco Seasoning Contains Gluten
Macho Nacho Vegetarian				X		X		
<b>Salads</b>								<b>* Reference Sauces and Toppings *</b>
Taco Salad Beef	X			X				Taco Seasoning Contains Gluten
Taco Salad Chicken	X			X				Taco Seasoning Contains Gluten
Taco Salad Vegetarian				X		X		
Greek Salad				X		X		
Ceasar Salad	X	X	X	X				Dressing Contains Anchovies
Cobb Salad			X	X				
Zuggy's Salad						X	X	
<b>Salad Add-Ons</b>								
Grilled Chicken Breast								
Miso Glazed Salmon	X							Teriyaki Contains Gluten
Grilled Garlic Shrimp				X				Contains Pine Nuts (Seed)
<b>Wings</b>								<b>* Reference Sauces and Toppings *</b>
Naked Wings								
<b>Entrees</b>								<b>* Reference Sauces and Toppings *</b>
Chicken Fingers	X							
BBQ Ribs								
Texas Beef Brisket								
Pulled Pork Sliders	X	X						Buns Contain Soybean Oil

# Zuggy's Base Camp Allergy List

Salmon BLT Sandwich	X							Teriyaki Contains Gluten
French Dip Sandwich	X			X				
Reuben Sandwich	X	X		X				Rye Bread Contains Soybean Oil
	<b>CONTAINS</b>							
<b>Allergens</b>	<b>Wheat</b>	<b>Soy</b>	<b>Eggs</b>	<b>Dairy</b>	<b>Nuts</b>	<b>Vegetarian</b>	<b>Vegan</b>	<b>Alternatives/Notes</b>
<b>Menu Items</b>								
<b>Entrees Continued</b>								<b>* Reference Sauces and Toppings *</b>
Fried Shrimp Basket	X							
Hamburger Sliders	X	X						Buns Contain Soybean Oil
Cheeseburger Sliders	X	X		X				Buns Contain Soybean Oil
Bacon Cheeseburger Sliders	X	X		X				Buns Contain Soybean Oil
Buffalo Chicken Tacos	X	X		X				Tortillas Contain Soybean Oil
<b>Pizzas</b>								<b>* Reference Sauces and Toppings *</b>
BBQ Chicken	X			X				BBQ Sauce Contains Modified Food Starch
Meat Lovers	X			X				
Caprese	X			X		X		
Pepperoni	X			X				
Zuggy's Summit	X			X				
The Farmer	X			X		X		
Buffalo Chicken	X			X				
Chicken Bacon Ranch	X			X				
Build Your Own	X							* Dependent on Toppings * Crust is Dairy Free*
<b>Desserts</b>								<b>* Reference Sauces and Toppings *</b>
Chocolate Brownie Mud Pie	X		X	X		X		May Contain Soy and Nuts
Frozen Strawberry Cheesecake	X			X		X		May Contain Soy, Eggs and Nuts
Snickers Ice Cream Pie	X	X	X	X	X	X		
Vanilla Ice Cream				X		X		May Contain Wheat, Soy, Eggs and Nuts
Chocolate Ice Cream				X		X		May Contain Wheat, Soy, Eggs and Nuts
<b>Kids Menu</b>								<b>* Reference Sauces and Toppings *</b>
Kids Wings								
Cheese Pizza	X			X		X		

## Zuggy's Base Camp Allergy List

Pepperoni Pizza	X			X				
Mini Burgers with Fries	X	X						Buns Contain Soybean Oil Free Without Cheese Dairy-
Corn Dogs with Fries	X		X	X				
Chicken Tenders with Fries	X							