

AFRC RESORTS

Hawaii / Germany / Florida / Korea



Contact our Vacation Planning Agents
today to help plan your vacation!

0800 - 1700 hours CET Monday - Friday

(011-49) 8821-9440 from USA
(49) 8821-9440 from Europe

vacation@edelweissresort.zendesk.com
www.facebook.com/EdelweissResort

www.EdelweissLodgeandResort.com



#EdelweissResort



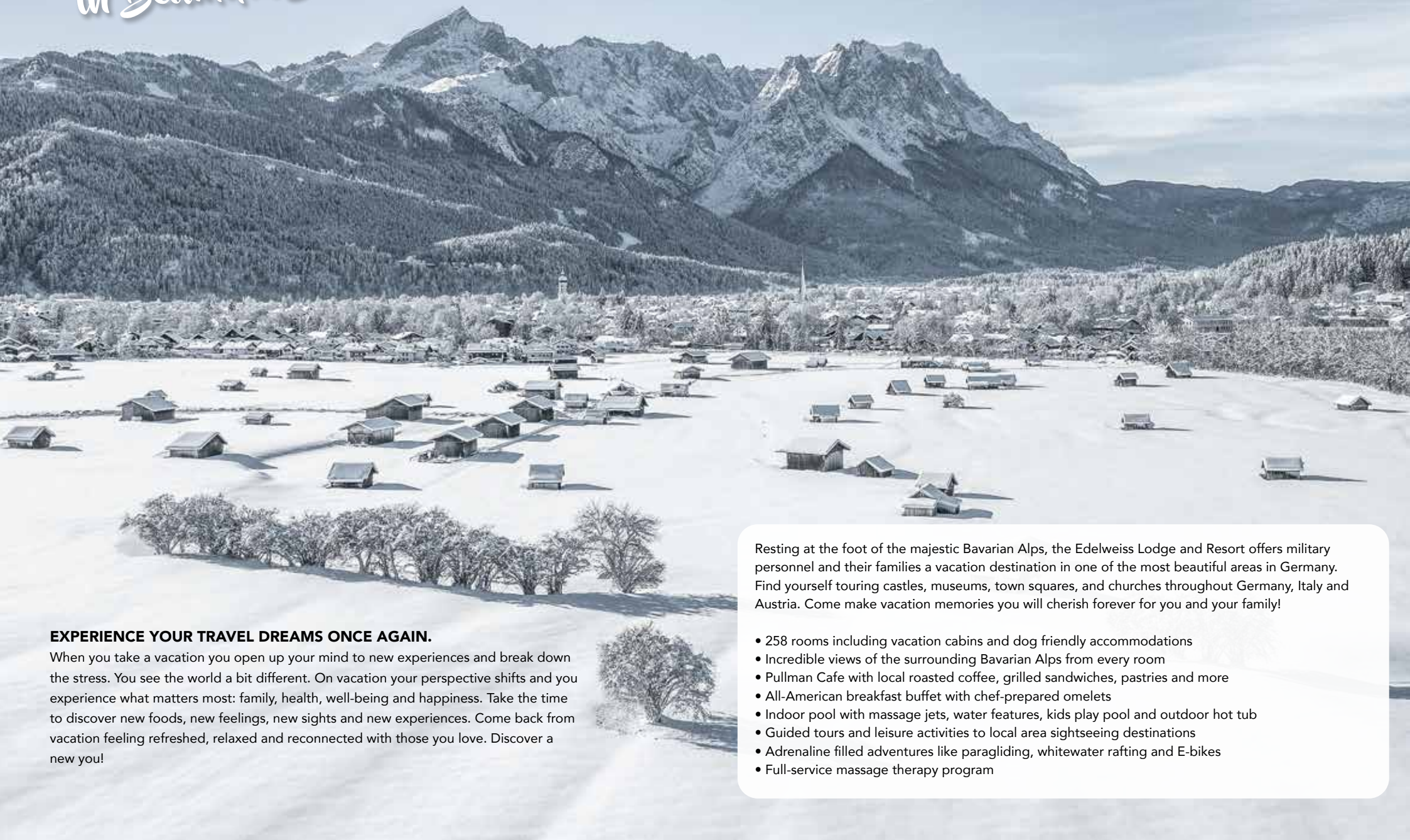
A VACATION TO CHERISH FOREVER

Garmisch, Germany



EXCLUSIVELY FOR U.S. MILITARY PERSONNEL, DOD CIVILIANS, RETIREES AND FAMILIES

A Winter Wonderland in Beautiful Bavaria



EXPERIENCE YOUR TRAVEL DREAMS ONCE AGAIN.

When you take a vacation you open up your mind to new experiences and break down the stress. You see the world a bit different. On vacation your perspective shifts and you experience what matters most: family, health, well-being and happiness. Take the time to discover new foods, new feelings, new sights and new experiences. Come back from vacation feeling refreshed, relaxed and reconnected with those you love. Discover a new you!

Resting at the foot of the majestic Bavarian Alps, the Edelweiss Lodge and Resort offers military personnel and their families a vacation destination in one of the most beautiful areas in Germany. Find yourself touring castles, museums, town squares, and churches throughout Germany, Italy and Austria. Come make vacation memories you will cherish forever for you and your family!

- 258 rooms including vacation cabins and dog friendly accommodations
- Incredible views of the surrounding Bavarian Alps from every room
- Pullman Cafe with local roasted coffee, grilled sandwiches, pastries and more
- All-American breakfast buffet with chef-prepared omelets
- Indoor pool with massage jets, water features, kids play pool and outdoor hot tub
- Guided tours and leisure activities to local area sightseeing destinations
- Adrenaline filled adventures like paragliding, whitewater rafting and E-bikes
- Full-service massage therapy program

A Peak Vacation Experience in the Alps

A WINTER WONDERLAND AWAITS

- 37 miles of groomed ski and snowboard terrain accessible by 31 lifts
- Bavarian Christmas markets end of November through Christmas
- Outdoor hot tub, indoor pool, kids swim area, sauna, steam room and fitness gym
- Certified ski and snowboard instructors available for private or group lessons
- Clothing, ski and snowboard equipment available for rent
- Ski lodge with bar and private beginner ski slope
- All-American breakfast buffet with chef prepared omelets, action stations, bacon
- Multiple dining options from full-service to quick grab-and-go

This and much more awaits you in Garmisch-Partenkirchen at the Edelweiss Lodge and Resort.



Guided Tours

ROOM RATES

Our room rates are published on our online booking site. To see the rates, please click 'book now' on our website to search your dates. Our standard room rates are determined by rank and status. The prices for other room categories like suites and cabins are the same rate for all ranks. Rates are single or double occupancy (two adults in a room). Children under 17 stay for free on available bed space. There is an additional cost for more than two adults in the room. Dog rooms are \$25 extra per night.

ROOM TYPES

Standard Rooms / Junior Suites / Deluxe Junior Suites / Loft Suites / Deluxe Loft Suites
Dog-Friendly Standard Rooms
Vacation Village : Simple Cabin / Comfy Cabin / Dog Friendly Cabin



Picture Perfect Alpine Views



Reserve Online

SHARE YOUR VIEW #EDELWEISSRESORT

STAY AND DREAM

Unwind in one of our spacious guest rooms adorned with rustic wood furniture, custom-made upholstery and accompanied by breathtaking alpine views.

Guest Rooms include:

- 42" flat screen Hi-Definition LCD TV with BluRay player
- Free WiFi internet
- At least two queen beds or a king bed in every room
- Spacious private bathroom
- Inspiring alpine views from every room
- Mini cooler, in-room safe, iron, fan and hair dryer
- Heated indoor parking garage
- European 220v power in room
- Dog friendly hotel rooms with advance reservations

SLEEP UNDER THE STARS

We also offer Vacation Cabins for those looking to sleep in a relaxed mountain wilderness area. Nestled in the Loisach river valley with towering views of alpine peaks, the Vacation Village is a perfect base camp for winter recreation. Cabins are not available to reserve online, please call or complete the online form.

Vacation Cabins include:

- Vacation Cabins that sleep up to a family of six
- Dog friendly cabins available
- Heated accommodations with comfortable bedding
- Flat screen High-Definition LCD TV and Blu-Ray player
- Microwave & refrigerator (small kitchenette in our Comfy Cabins)
- Shower and Bathroom with linen provided (Comfy Cabins only)
- Conveniently located near The Exchange and Commissary
- Dogs allowed in select Cabins with advance reservations

DOG FRIENDLY VACATIONS

There's no need to leave your furry friend behind when you're on vacation. We have a few converted rooms available for dog lovers. Our dog-friendly rooms have a separate entrance and easy access to designated green spaces. For everybody's comfort, dogs are not allowed in the lobby and common areas, restaurants or other common areas of the Resort. Reservations for dog-friendly rooms must be made in advance by calling the Vacation Planning Center or completing the online form.





SNOWSPORTS SAFETY

Our number one priority is slope safety. We require all ski program guests to wear a helmet during lessons. They are available to rent or purchase at Hausberg.

REFUEL THOSE TIRED LEGS

Come down the mountain for lunch for an affordable, delicious lunch menu with burgers, hot sandwiches, salads and much more at the Hausberg T - Bar.

THE PLACE TO BE AFTER A DAY ON THE SLOPES!

Enjoy a drink and some food while relaxing by the fire, or playing billiards, ping pong or throwing some darts. Meet up with friends and family after a day on the slopes and leave the driving to us. Our ski shuttle is available daily.



WINTER SPORTS INSTRUCTION WEEKS

From beginner to advanced lessons, our comprehensive ski and snowboard instructional programs are designed to enhance your skills while enjoying the beautiful alpine scenery. Four and two-day programs are available on the dates shown below.

Dec 18 - 21 (check-in on Sat, 17 Dec)	4 day
Dec 23 - 26 (check-in on Thu, 22 Dec)	4 day
Dec 28 - Dec 31 (check-in on Tue, 27 Dec)	4 day
Jan 2 - 5 (check-in on Sun, 1 Jan)	4 day
Jan 14 - 15 (check-in on Fri, 13 Jan)	2 day
Feb 12 - 15 (check-in on Sat, 11 Feb)	4 day
Feb 18 - 19 (check-in on Fri, 17 Feb)	2 day
February 21 - 25 (check-in on Mon, 20 Feb)	5 day
February 27 - 3 March (check-in on Sun, 26 Feb)	5 day

WINTER RENTAL EQUIPMENT

	Daily	Five Day
Skis / Boots / Poles / Helmet, Adult	\$35	\$140
Skis / Boots / Poles / Helmet, Child	\$30	\$120
Skis / Boots / Poles / Helmet / Clothing, Ad	\$40	\$160
Skis / Boots / Poles / Helmet / Clothing, Ch	\$35	\$140
Snowboard / Boots / Helmet, Adult	\$35	\$140
Snowboard / Boots / Helmet, Child	\$30	\$120
Snowboard / Boots / Helmet / Clothing, Ad	\$40	\$160
Snowboard / Boots / Helmet / Clothing, Ch	\$35	\$140
Skis	\$25	\$100
Boots	\$15	\$60
Poles	\$5	\$20
Snowboard	\$25	\$100
Ski Pants or Jacket, Adult / Child	\$10	\$40
Ski Pants and Jacket, Adult / Child	\$15	\$60
Helmet	\$5	\$20

SKI AND SNOWBOARD REPAIR SHOP

Does your equipment need a little love? Get a tune up! We are using the latest, state-of-the-art tuning machines. Nothing sweeter than turning on a finely tuned ski or board!

	Ski	Snowboard
Hot Wax (Brushed / Ironed)	\$15	\$15
Edge Sharpening	\$20	
Base Repair	\$10 - \$20	
1/2 Tune-Up (Edges, Wax, Base)	\$30	\$30
Full Tune-Up Skis / Snowboard	\$40	\$40

LIFT TICKETS

With over 31 lifts and 37 miles of groomed trails, there is a variety of ways to explore and enjoy the incredible mountain scenery. Lift tickets for skiing, hiking, sightseeing and sledding and are available for purchase at Alpine Adventures or Hausberg Lodge. Prices subject to change based on the exchange rate.

- Backyard Private Slope
- Classic Valley
- Zugspitze
- Berg-Tal (sightseeing Hausberg)
- 1/2 day Classic Valley tickets

Prices include a redeemable deposit for the ski card. All sales are final. No refunds due to inclement weather.



SLED RENTAL

Sledding is a great adventure for the family to do together. Specially marked sled runs are available on the Zugspitze or a local sled hill in town near the Kramer mountain. Either way, you will have an exhilarating ride and cherished time with your family. Want to try the ultimate sledding adventure? Join our guided night sledding tour!

3 Hours	\$5
Daily	\$10
Five Day	\$40

Available at the Hausberg Lodge or Point Wellness Club

If you decide to keep your equipment longer you will simply be charged for any extra days you keep your rental. Guests can make room charges for rental, retail & lift ticket purchases at the Hausberg Lodge. Lockers are available in our Hausberg Sport Lodge to store your equipment multiple days. Tokens are available at the Hausberg Lodge front desk.



Garmisch-Classic

ALPSPIX

Learn from
the Best



5 DAY INSTRUCTION WEEK

Adult \$589
Child / Ski Kids \$489

4 DAY INSTRUCTION WEEK

Adult \$479
Child / Ski Kids \$389

2 DAY HOLIDAY PROGRAM

Adult \$285
Child / Ski Kids \$255

BEGINNER SPECIAL

One Day Adult / Child / Ski Kids \$145

2 HOUR DAILY LESSONS

Group (6-12) \$55
Semi-Private (2-5) \$65
Private (1) \$109

JOIN AN INSTRUCTION WEEK

1-Day Adult \$160
Child / Ski Kids \$145
2-Day Adult \$285
Child / Ski Kids \$255
3-Day Adult \$385
Child / Ski Kids \$335

Adult 16 years and up

Child 8 - 15 years old

Kids 5 - 7 years old

JUST FOR SKI KIDS PROGRAM

Certified instructors teach kids ages 5-7 how to ski on our private slope in a safe and fun environment. Proof of age required. Price includes lunch, equipment and 4 hours instruction. Helmets are required during lessons and are included in package price and available for purchase at the Hausberg Lodge. Program check in 0900, check out 1500. \$145 per child, per day.

All prices subject to change. It is suggested you reserve prior to arrival. For daily lessons call the Hausberg DSN 440-2548 or EXT 4581 from Edelweiss phone. For multi-day lesson contact our Vacation Planning Center at (+49) 08821-9440.

SKI AND SNOWBOARD INSTRUCTION WEEKS

Our 4 day programs are designed to help you improve your riding skills while having fun and enjoying the picturesque mountain settings of the Garmisch Valley. We offer multi-day classes for beginner snowboards and multi-day from beginner through advanced for skiers. Private snowboard lessons may be available for intermediate level and above. Check the Hausberg Lodge for instructor availability. All instruction is taught by PSIA-AASI certified instructors. If you have never touched a pair of skis or a snowboard in your life, learn at a leisurely pace on our private beginner ski slope with your instructor.

Snowsports instruction weeks include:

- Check in and class assignment 1300 - 1700 day prior to program start
- Late check in 0800 - 0815 on first program day. Please don't be late.
- 4 hours of daily instruction
- Equipment rental including helmet
- Lift ticket to appropriate slopes according to your ability
- Final day ski and snowboard fun race competition
- Daily scheduled transportation to and from Edelweiss Resort

It is possible to join these programs for a shorter number of days but we encourage you to take advantage of the great price break for completing the whole course. Any class with 4 or less participants will be a two hour lesson per day. If 5 or more participants in a class, lessons will be 4 hours. Participants will still be able to ski all day on their lift ticket after the two hour lesson is complete.

2 DAY HOLIDAY WEEKENDS

Our two-day federal holiday weekend packages are specially priced for Martin Luther King Jr. Day and President's Day. These special prices are only available on the federal holiday weekends. Special activities are also planned on these weekends at the Hausberg Lodge like night skiing, sledding, kids activities and more. Please contact our Vacation Planning Center to reserve.

BEGINNER 1 DAY LESSONS

Uniquely designed for our guests looking to try skiing or snowboarding for the first time. Learn the basic fundamentals at a leisurely pace on our private beginner ski slope. Our certified instructors will take you from equipment introduction to speed control through turn shape. The Beginner Special includes a 4-hour lesson, equipment rental, helmet and a Hausberg Backyard Ski Pass for our private slope. *Lift ticket fee applicable when classes are held on the upper mountain.

2 HOUR LESSONS

These 2-hour lessons are designed to focus on specific areas of growth as a snowrider. You can book these lessons only through the Hausberg Lodge as a private, semi-private or group lesson. We can teach all skill levels and can be especially helpful for experienced riders wanting to get acquainted with the ski area. The two hour lesson does not include equipment or lift tickets to the local mountain. Skiing on our private beginner slope is included for the duration of the lesson. Lessons are subject to instructor availability and may not be confirmed until 0900 on lesson day. Reserve at Hausberg Lodge.

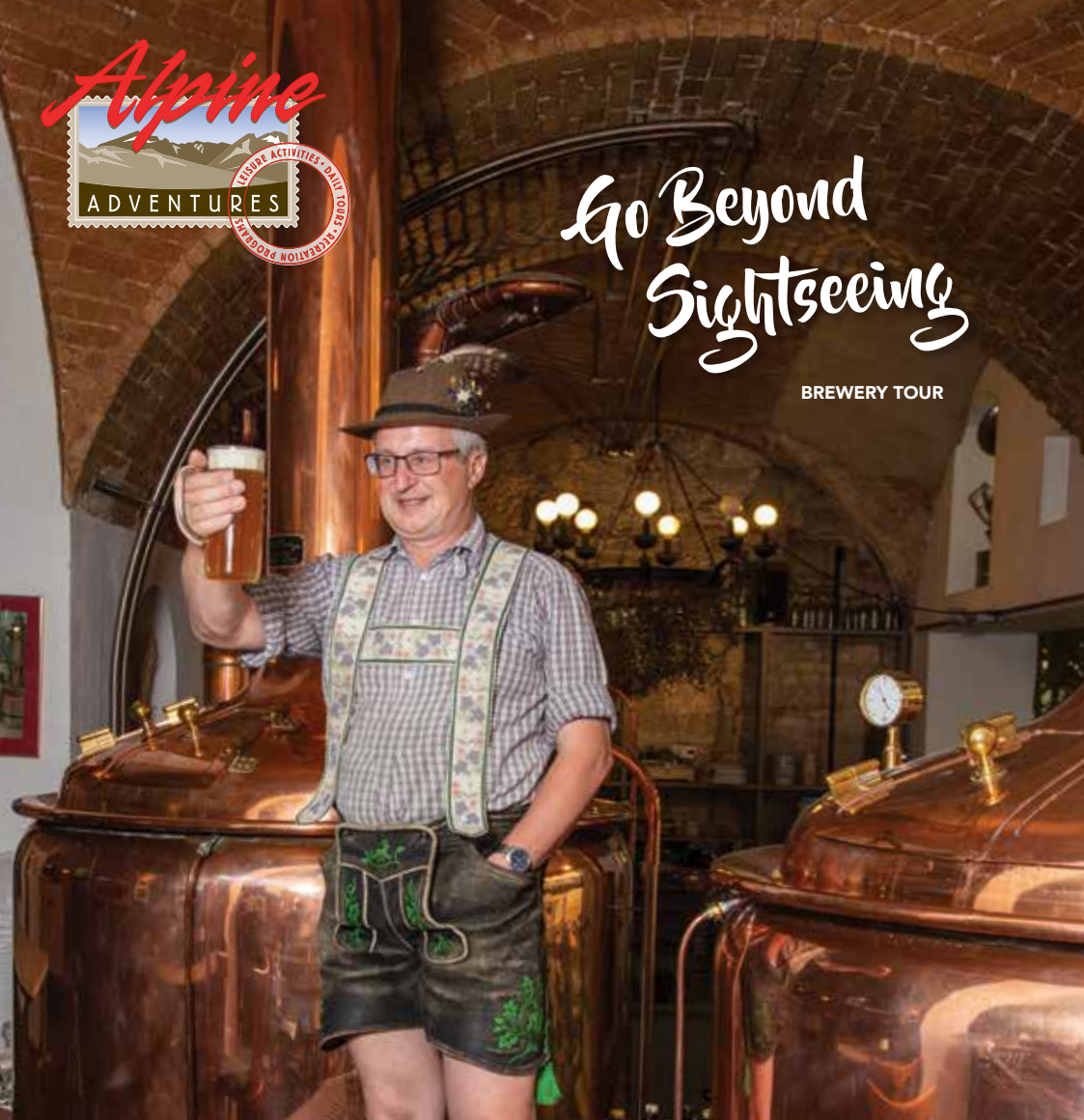
LESSON POLICIES

All lessons meet at 0900 hours and commence at 0930 hours. Please contact Vacation Planning to sign-up for multiple day programs. Beginner specials can be booked at Alpine Adventures or Hausberg Lodge. Two hour lessons can only be booked at the Hausberg and are subject to instructor availability. If lessons are cancelled within 14 days of stay fees may apply.



Go Beyond Sightseeing

BREWERY TOUR



TOUR POLICIES

Tour times and prices subject to change. All tours require a minimum of 15 guests for the tour to run and the smaller local leisure tours require 6 guests. All reservations will be charged at 1200 noon the day before the tour. No refunds are given if the tour is cancelled by the guest after 1200 noon the day before the tour. Please bring Euro on all tours as many locations do not accept credit cards. Meals are not included in the tour prices. Most tourist attractions are not handicap accessible. Please be in the main lobby 10 - 15 minutes prior to departure to check in with your guide. Your wait list status for ALL activities can change at any point up to departure without warning. It is the guest's responsibility to check your wait list status with Alpine Adventures. Each guest (including small children) must have a seat on tours with transportation. Child seat recommended for ages 4 or under (not provided). Return times are approximate. All Horse and Carriage sales are final. *Kids 1 year and older must pay child price. Guests are advised to scan the inroom QR code on the back of the guest room door for the most updated schedule.

Guided Tours

Valid 1 November 2022 - 30 April 2023

* Schedule subject to change

	GUIDED TOUR	TIMES	ADULT 15 & up	CHILD 5-14	INFANT 0-4
MON	Neuschwanstein Castle	0830 - 1700	\$75	\$35	\$20
	Griesbräu Brewery	1815 - 2200	\$49	Ages 16 & up	n/a
TUE	Ettal Monastery and Schnapps Tour	1030 - 1430	\$39	\$20	\$15
	Horse & Carriage Rides	1700 - 1800	\$22	\$20	\$15
		1810 - 1910 1920 - 2020			
WED	Mittenwald	1000 - 1500	\$45	\$20	\$15
	Partnach Gorge	0900 - 1300	\$35	\$20	\$10
THU	Neuschwanstein Castle	0830 - 1700	\$75	\$35	\$20
	Ettal Monastery and Schnapps Tour	1030 - 1430	\$39	\$20	\$15
	Horse & Carriage Rides	1700 - 1800	\$22	\$20	\$15
		1810 - 1910 1920 - 2020			
FRI	Linderhof Palace and Oberammergau	0900 - 1530	\$60	\$35	\$20
	Kids Night Out (ages 5 - 12)	1700 - 2200	\$45 first child, \$40 each additional sibling		
	Griesbräu Brewery	1815 - 2200	\$49	Ages 16 & up	n/a
SAT	Neuschwanstein Castle Tour	0830 - 1700	\$75	\$35	\$20
	Kids Night Out with Dinner	1700 - 2200	\$45 first child, \$40 each additional sibling		
	Horse and Carriage Rides	1700 - 1800	\$22	\$20	\$15
		1810 - 1910 1920 - 2020			
	*Hausberg Night Family Sledding	1800 - 2100	\$12	\$12 (Weather dependant)	
	Griesbräu Brewery	1815 - 2200	\$49	Ages 16 & up	n/a
SUN	Dachau Concentration Camp	0830 - 1700	\$55	\$30	\$20
	Partnach Gorge	0900 - 1300	\$35	\$20	\$10

SCAN THE QR CODE FOR LATEST TOUR SCHEDULE

Things are changing constantly these days with COVID rules and regulations. For the latest tour schedule and updates, please visit our website.



*available Mid December through end of February.



GRIESBRAU BREWERY TOUR

Enjoy the warmth of a true Bavarian beer hall in the nearby town of Murnau. Go behind the scenes and learn the secrets of brewing your favorite German beers including helles, dunkel and weissbier. You'll have an opportunity to sample one of each and try the Griesbräu's very own beer schnapps! But make sure you pay attention - you'll be quizzed on what you have learned at the end of the tour. If you pass your exam, you will receive your official Bavarian brewmeister certification. Bring Euro with you if you wish to enjoy the delicious cuisine at the beer hall. Ages 16 and up only, all pay adult price.

ETTAL MONASTERY, SCHNAPPS AND CHEESE TOUR

Buried in the heart of the Ammergau Valley exists the Ettal Monastery. You will learn about the almost 700 years of history that has taken place here in Ettal. Your guide will take you behind the scenes to explore the monastery and get a close up view of the famous Ettal Madonna. We will then visit the newly designed brewing museum to learn about the art of beer making in Bavaria and the over 400 year old brewery at Ettal. Here you will be able to sample various liquors and schnapps made locally by the monks. From the monastery you will take a short walk to the cheese factory where you will discover how local farmers make cheese and other delicious dairy products.

HORSE AND CARRIAGE RIDES

Enjoy the simple pleasure of a horse-drawn carriage ride through beautiful Garmisch. One of our most popular activities that the whole family can enjoy and a great way to get acquainted with the town of Garmisch. Children 1-14 must pay child's price. Three time slots are available on days that the tour runs.



* not actual carriage in photo



MITTENWALD, GERMANY

The rural mountain village of Mittenwald rests along the Isar River at the border of Austria and Germany. Known as "The Village of a Thousand Violins," it has been ranked on multiple sites as one of the most authentic and scenic small towns in Europe. The Klotz family of violin makers, dating back to the 17th century, has made this medieval market town renowned for the craft. Today, there is an institution and museum located in Mittenwald dedicated to the continuing practice of this tradition. Please join us on our picturesque excursion as we learn about the history of the local Lüftlmalerei paintings, the significance of trade to the local economy, the 2015 G7 Summit, and much more!

DACHAU CONCENTRATION CAMP

Dachau was opened on 22 March 1933 as a concentration camp established by the coalition government of the National Socialist Party (Nazi Party). Built on the grounds of an abandoned munitions factory, Dachau Concentration Camp lies 16 km northwest of Munich. You will visit an exhibit that recounts the terrifying and gruesome days of the Holocaust and watch a video of the history of the camp, including special presentations. Parental discretion advised for children under 12 to view the documentary film.



Live Like
a King



NEUSCHWANSTEIN CASTLE

Towering over rocky crags and waterfalls rests the famous castle constructed for King Ludwig II. This fairytale castle has been inspiring awe and wonder for years with its ornate and lavish interior along with a majestic design that even Walt Disney couldn't resist. Your tour will pass through the stunning Bavarian countryside before stopping at a Bavarian woodcarving shop, then the Wieskirche, a beautiful pilgrimage church of the Baroque-Rococo style. After touring the church, we will travel to the highlight of the trip to see Neuschwanstein Castle. *Please note:* It is a 30-minute uphill walk to reach the castle entrance. There are also over 300 stairs within the castle.

LINDERHOF PALACE AND OBERAMMERGAU

The smallest of the three palaces built by King Ludwig II lies near the fairytale village of Oberammergau and is the only palace he lived to see completed. Your tour will take you through this lavish palace to see the bedchamber, dining room, audience chamber, tapestry chambers and the grand hall of mirrors. After hearing fascinating stories and history of the palace you will continue on to Oberammergau. Stroll through the various woodshops in the town with the craftsman hard at work right in front of your eyes. Explore the many frescoes in the town square and pass by the world-famous Passion Play Theater.



PARTNACH GORGE

The Gorge is an exceptionally mystical and charming place. Any trip to Garmisch should include a trip to this must-see natural wonder. You will be given historic information at the Olympic Ski Jump Stadium and at the gorge itself. Then walk along the beautifully carved stone with water flowing through the ice caverns. Afterward, indulge in a tasty dessert and/or beverage in the classic Partnach Gästhaus.

World-Record Gondola to the Top of Germany



Zugspitze TOP OF GERMANY

MOUNTAINS OF OPPORTUNITY

So that is what it feels like to have Germany at your feet: At precisely 2,962 metres above sea level, the Zugspitze is the highest mountain in the country. Along your journey, you will traverse the world's highest steel tower for aerial tramways at 127 metres, the world's greatest overall height difference of 1,945 metres over one section, as well as the world's longest unsupported cableway span of 3,213 metres. Three incredible records - without even mentioning the magnificent panoramic views.



BUY YOUR LIFT TICKETS
AT ALPINE ADVENTURES



Kids Need A Vacation Too...



SOUVENIR SHOP ONLINE

Looking for a unique souvenir or the perfect gift to treasure your time spent at Edelweiss Lodge and Resort? We've got you covered with some of the most popular Alpine Adventures souvenirs. Visit our online shop and we will ship it right to your door!



Online Shop



AIRPORT SHUTTLE SERVICE

Arriving or departing from Munich airport? Let our team organize a transfer for you and your group and take the hassle out of traveling. With door-to-door service, you can't beat the convenience. A stress-free way to start or end your trip.



Shuttle



HAUSBERG FAMILY NIGHT SLEDDING

Just because the sun went down doesn't mean the action has stop. Our Hausberg Lodge is equipped with pool table, ping pong, ski movies a full-service bar and more. Price includes transportation and sled rental. Available mid December through March based on snow conditions. 1800 - 2100 hours. \$12 per participant.

JUST FOR SKI KIDS

Certified instructors teach kids ages 5-7 how to ski on our private slope in a safe and fun environment. Our instructors know how to create a perfect mix of fun, adventure and learning that will provide your children a foundation to build from in the future. Their enthusiasm for the sport will quickly spread to your kids and give them the same excitement. A minimum of 4 paid children ages 5 - 7 is required for the program to run. Children must be 5 years old on the day of participation. Proof of age required. \$145 per child, per day.

KIDS NIGHT OUT

Let us entertain the kids for the evening while you spend some quiet time together. This program is one of our most successful and encouraged activities. Available on Monday and Friday evening for children ages 5-12. Reservations can be made at Alpine Adventures. A minimum of 4 paid children required for the program to run. Children must be 5 years old on the day of participation. First child is \$45, each additional sibling is \$40. Dinner is included in the price. Parents can attend the Greisbrau Brewery Tour while we watch after the little ones.

GROUPS, MEETINGS, TRAINING, TEAMBUILDING AND MORE...

The incomparable setting of the Edelweiss Lodge and Resort creates an atmosphere of unique warmth and character conducive to meaningful get-togethers. It is an environment in season year-round, perfect for focusing on your success, while our attentive staff focus on anticipating your every need. Just imagine all that you will accomplish.

- Flexible 17,000 square feet function space for up to 500 attendees
- Rooms competitively priced at or below per diem
- Technically advanced audio-visual equipment
- Available for private catered functions
- Memorable location for galas, unit balls and chaplain events
- Experienced staff who have organized hundreds of military training conferences



Why do our conference groups, chaplains and units keep coming year after year to Edelweiss Resort?

- Top-of-the-line audio visual equipment
- Meeting packages priced below per diem
- Edelweiss Resort has the latest Force Protection measures to keep your attendees safe and secure
- Ability to conduct classified briefings
- Funds help support MWR programs
- Full service conference coordinators help plan your event from beginning to end
- Family not attending conference can stay in guest room at no additional cost (on available bed space)
- Incredible scenery, sightseeing and activities make the most of your time away from meetings
- Perfect place for units or groups to focus on their mission and build resiliency and teamwork



More Info

Make your conference unforgettable with team building and cultural events after the meetings are over by incorporating one of the following activities:

- Half day guided tour to Ettal Monastery
- Bavarian Brewery tour
- Visit King Ludwig's ornate Linderhof Palace
- Hike through the frozen Partnach Gorge
- Other seasonal tours available

Tours can be adjusted to meet the time constraints of your group. Most tours can be run on alternative days with advance notice and reservations. Ask your Edelweiss Resort Conference Coordinator about custom developed activities for your group.



The Taste of Vacation

Flavors For Every Taste

From casual to full-service, including all-American dishes, regional fare and cuisine from around the world, your dining options are as diverse as the opportunities to enjoy them. Our internationally-trained team of culinary professionals offer a wide variety of selections in our restaurants.

Market Station

- Breakfast buffet with omelet station and all the morning classics
- Buffet restaurant with changing fresh menus
- Lunch and Dinner available, check online schedule for dates



Zuggy's Base Camp

- Delicious pizza, wings and more
- Dine-in or carry-out to your room
- German beers, craft brews, wine and cocktails



Pullman Cafe

- Local roasted coffee and grab-n-go breakfast items
- Delicious sandwiches, paninis, pizza and soup of the day
- Fresh baked goods, fruit, salads and more
- Terrace seating with the best views in all of Bavaria



Relax. Refresh. Renew

Relax your body, refresh your spirit and renew your well-being with our pampering services offered at The Point Wellness Club. Our certified therapists provide a healing environment that rejuvenates and restores your senses as you refocus your thoughts and quiet your mind. With an array of massage treatments and body treatments you can find the perfect relaxation technique that will help heal your mind and body. It is our goal to provide our guests with a peaceful, relaxing experience. To respect your comfort, as well as the focus of your therapist, no accompanying children are allowed in the treatment rooms.

RESERVATIONS

Spa appointments are very popular with guests at The Point Wellness Club. All treatments are subject to availability. We recommend that appointments be made prior to, or upon arrival, in order to meet your scheduling needs. Hours of operation are 0800 - 2200 hrs. Please arrive 15 minutes before your scheduled service to fill out a health intake form. If you should arrive late, your session will be shortened to ensure the satisfaction of all guests or cancelled if client is more than 20 minutes late after start time. During each treatment, we follow standard American draping protocol. Gratuities are not included in service price.

CANCELLATIONS

We require at least a four hours notice to change or cancel an afternoon or evening appointment. Morning appointments must be cancelled prior to 1900 the evening before. A \$20 fee will be assessed for cancellations not meeting these requirements. No notification will result in a full service charge. Cancellations must be made directly with the Point Wellness Club at 08821-944-4150.

HEALTH

Drink plenty of water and please do not consume alcohol at least 2 hours before and after your treatment. Anyone with a contagious condition such as a cold or flu cannot receive a massage. A massage could worsen your condition, spreading it throughout the body. You may be turned away with failure to meet these conditions.

** Prices and rules are subject to change.*



SIGNATURE MASSAGE 60 min. \$75 // 90 min. \$109

Take a break with our signature massage that will take you beyond relaxation. This classic full-body massage reduces mental and physical fatigue, improves circulation and soothes muscle soreness. Body treatment add-ons are available. Please see Body Treatment descriptions for details.

ADD ON: ENHANCED MUSCLE THERAPY 30 minute add on for \$35

This concentrated therapy uses warming and cooling treatment to relieve deep muscle pain caused by sports injuries, training and other kinds of overuse due to repetitive motion. Only offered as an add on to a 60 minute signature massage. *uses menthol-infused products

PAIRED MASSAGE 60 min. \$145 // 90 min. \$205

Our paired signature massage features two tables and two therapists giving massages in the same room. Anyone can have a couples massage -- spouses, parents and children, or close friends. Please advise reservationist upon booking if a mommy-to-be massage is desired. Add-ons and Zen Stone are not available for paired massages. Subject to limited availability.

MOMMY-TO-BE MASSAGE 60 min. \$75

This full body treatment is designed to help with your pregnancy aches and pains. Tailored to the specific needs of pregnant women, prenatal massage shares many of the goals of regular massage - to relax tense muscles, ease sore spots and improve circulation/mobility and to make you feel good! This treatment is for women in their second or third trimester.

TEEN MASSAGE 30 min. \$40 // 60 min. \$65

This treatment includes similar features of our signature massage but is tailored to ages 15-17. Light to medium pressure is applied. Parental supervision is optional.

"MY FIRST MASSAGE" ages 6-14, 30 min. \$40

Choose one, two or all three areas of focus during treatment: foot massage, hand/forearm massage and head/neck/shoulder massage. Duration of treatment will last no longer than 30 minutes. Parents must stay in the room during the entire treatment.

AROMATHERAPY Add on \$5

Enhance your massage by choosing the soothing and uplifting benefits of aromatherapy.

- **Stress Relief** - orange, bergamot, lavender, lemongrass*
- **Detox** - black pepper, grapefruit, juniper berry, cypress
- **Relax Fusion** - lavender, tangerine, clary sage*
- **Tranquility** - basil, bergamot, lavender*
- **Rejuvenation** - sweet orange, cedarwood, lemon

**pregnant woman cannot have aromatherapy with lavender.*



Soak it up the Alps

Pool & Wellness Area



BODY TREATMENTS

Due to skin sensitivity, we recommend unshaven and unburned skin for spa treatments offered. We do not offer body treatments to anyone under 15 years old or maternity clients. Some treatments may require a shower. *Scents can be added or removed as needed*

MUD FOOT WRAP 50 min. \$65

This treatment begins with a warm application to the feet followed by a gentle scrub, mud wrap and foot massage. Our mud foot wrap cleanses, detoxifies, and leaves your feet feeling invigorated.

SEAWEED MUD WRAP 60 min. \$75

This treatment includes a full body Seaweed Wrap. The seaweed is moisturizing / detoxifying with a cooling effect, perfect for those hot summer days! Lotion is applied leaving your skin feeling smooth and refreshed.

COFFEE SCRUB 50 min. \$65

Wake your body up with the firming and tightening effects of caffeine! This signature coffee blend promotes the appearance of healthier, younger looking skin.

SALT SCRUB 50 min. \$65

Our Dead Sea salt crystals exfoliate and moisturize your skin, leaving it soft, supple and hydrated.

SUGAR SCRUB 50 min. \$65

This full body treatment uses sugar to gently exfoliate and stimulate the skin leaving it soft and smooth. A great option for those who have sensitive skin.

HOT OIL SCALP MASSAGE \$5 (included in the treatment time)

Add a hot oil scalp massage to any treatment for just an extra \$5 (essential oils used in treatment). Hair will be oily.

BODY TREATMENT ADD-ONS

Add a 30 minute body treatment to your Signature Massage for \$35

- Mud Foot Wrap
- Enhanced Muscle Therapy (deep muscle pain with concentrated warming and cooling therapies)
- Coffee Scrub
- Sugar Scrub
- Salt Scrub



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